

1st World Congress of Obstetrics, Gynaecology and Andrology



Registration Brochure

**Psychosomatic and Biological
Perspectives on Clinical Controversies**

20–23 March 2011

Queen Elizabeth II Conference Centre, London

Welcome



Dear friends,

On behalf of the British Society of Psychosomatic Obstetrics, Gynaecology and Andrology (BSPOGA), It is with great pleasure that I invite you to attend the 1st World Congress of Obstetrics, Gynaecology and Andrology (WCOGA 2011) to be held at the Queen Elizabeth II Conference Centre, London, during March 20–23, 2011. The Congress is unique in having experts from all over the world, attending to discuss the impact and

associations of psychological and physical interactions contributing to various diseases not only in women but also in men.

WCOGA 2011 will highlight the topics selected by presenting them as state-of-the-art plenary sessions, lectures, symposia, mini-courses, workshops and contemporary research findings, not only to increase awareness amongst colleagues, health policy makers, students and the public but also to help define management of these conditions by encouraging open dialogue between experts. A number of Royal Colleges and the Royal Society of Medicine are collaborating to harmonise the scientific content. Accreditation will be given for attending the congress so individuals participating in professional development programmes will find attendance can be added to their career schedule.

The proposed scientific programme promises to be exciting and has been developed by the Scientific Committee, chaired by Professor James J Walker, with contributions from the Congress Advisory Committee and the Local Organising Committee. Topical health issues relevant to pre-conception, conception, childhood, adolescence, adulthood and the menopause, concerning both genders, will be discussed. Positive health and compliance with recommended medical care in any community are facilitated by promoting a woman's health along with the health of the partner and this Congress will underscore this to prevent disease and institute early treatment. The quality of the submitted abstracts was high; I believe that every abstract accepted is a potential prize-winning entry and a possible inspiration for future research and health planning!

The venue is in London with its historic past, cultural and artistic heritage, which has developed its charm and allure over centuries. We have provided a dazzling social programme, which will also cater to your partner's needs. Please accept our cordial invitation to enjoy London in the spring of 2011.

With best wishes,

Mira Lal

Mira Lal

Chairperson of **BSPOGA** &
President of **WCOGA 2011**

Committee Members

Scientific Organising Committee

Professor James J Walker, Chairman

Dr Roch Cantwell

Professor Anne Garden

Professor Vivette Glover

Dr Mary Hepburn

Professor Jenny Hewison

Professor Allan B Maclean

Dr Mira Lal

Advisory Committee

Dr David Misselbrook UK

Professor Shaughn O'Brien UK

Dr Jayne Cockburn UK

Professor Klaas Wijma Sweden

Dr Carlos Damonte Spain

Professor Johannes Bitzer Switzerland

Ms Mollie Graneek UK

Dr Sanjay Gupte India

Local Organising Committee

Mr Michael E Pawson

Dr Vera Dixit Chandra

Dr Claudine Domoney

Dr Annie Hawkins

Dr Mira Lal

Secretary General: Dr Clare Willocks

Congress Secretariat

WCOGA 2011

Congrex UK Ltd

26-28 Hammersmith Grove

London W6 7BA

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Email: registration@wcoqa2011.com

Essential Information

Congress Dates

Sunday 20 to Wednesday 23 March 2011.

Goal – To teach delegates when to apply a solely surgical/medical approach, and how and when to introduce a psychosomatic element to optimise outcomes in conditions from birth to old age.

Venue

The WCOGA 2011 Congress will take place in the Queen Elizabeth II Conference Centre (QEIIICC), London, UK.



The QEIIICC is located right in the heart of Westminster close to major attractions such as Westminster Abbey and the Houses of Parliament. It provides conference and exhibition facilities of the highest standard.

Critical Dates

1 March 2011: Discounted registration deadline

20–23 March 2011: WCOGA 2011, London

Language

The official language of the Congress is English.

Exhibition and Sponsorship

A commercial exhibition will form an integral part of the WCOGA 2011 and will open from Sunday 20 March.

A wide variety of exhibition and sponsorship opportunities have been created for participation in the programme. For further information please contact:

WCOGA 2011
Congrex UK Ltd
26-28 Hammersmith Grove
London W6 7BA
UK

Tel: +44 (0) 208 834 1014

Fax: +44 (0) 208 834 1151

Email: industry@wcoqa2011.com

Certificate of Attendance

An official Certificate of Attendance will be provided for all registered delegates.

Congress Website Address

The website contains all details relating to the congress. It is continually updated with information, so please visit it regularly. www.wcoqa2011.com

Themes

Clinical controversies from birth to old age in both genders – are the natures of these conditions solely Psychosomatic or Biological?

Topics will include the impact of:

- Maternal and child health
- Fertility control
- PMS/menstrual disorders
- Cancer
- Infertility/Subfertility
- Sexual morbidity
- Infections – HIV/AIDS, HPV, HSV
- Menopause
- Assault/substance misuse & surgery on vulnerable minorities
- Anxiety/Mood disorders/Eating disorders & Obesity
- Training, professional health, psychosociocultural awareness and complementary medicine

Target Audience

WCOGA 2011 will be of interest to Obstetricians, Gynaecologists, Andrologists, Psychiatrists, Urologists, Oncologists, Paediatricians, General Practitioners, Midwives, Nurses, Psychologists, Counsellors, Physical Therapists and Psychotherapists. We will aim to select topics of interest to both juniors in-training and senior colleagues. The Congress will also be of interest to health providers, health policy makers, clinical scientists, students and retired health professionals.

Why Attend

Attending WCOGA 2011 will help to:

- Improve knowledge of clinically important conditions with physical and psychoemotional impact in Obstetrics, Gynaecology & Andrology
- Gain further understanding of the aetiopathology, presentation and correct diagnosis of these disease conditions
- Facilitate prevention and appropriate management of selected diseases and conditions
- Foster networking and information exchange between attendees

Accreditation for attending Scientific Sessions will be given by:

- The Royal College of Obstetricians and Gynaecologists, London (1 credit per hour)
- The Royal Colleges of Obstetricians and Gynaecologists of Australia and New Zealand (22 credits for full Congress)
- The Royal College of Midwives



Parallel Mini-Courses for WCOGA 2011 by Experts in their fields

Venue: Queen Elizabeth II Conference Centre, London

1. Obstetrical (21st - 22nd) – Mini-course/Workshop on Management of Pain in labour by using Hypnosis; Organizer: Mrs. Gill McCall

The mini-course will include the theoretical aspect followed by the workshop where individualised skills will be taught after evaluation.

Number of places – 15 (same group for both days)

2. Mini-course (21st) – Stress and Anxiety and solutions from personal and group counselling – Follow up by online teaching; Organizer: Mr. Stephen Guy

Number of places – 10

3. Mini-course (21st - 22nd) – Alternatives to violence – a behavioural approach; Organizer: Mrs. Elizabeth Allen

Number of places – 15 (same group for both days)

4. Workshop (22nd) – Preterm labour (Holistic approach); Organizer: Prof. Cristina Maggioni

Number of places – 10

5. Workshop (22nd) – The Role of the NCT in helping mums and dads optimize the childbirth experience; Organizer: Ms. Mary Newburn

Number of places – 15

6. Workshop (23rd) – Forensic Gynaecology; Organizer: Dr. Mary Pillai

Number of places – 15

Timings are available on the Scientific Programme; further details of these workshops are available on request.

Congress-affiliated Mini-Courses for WCOGA 2011 (20th March 2011) by Experts in their fields

Venue: Postgraduate Centre, Royal Free Hospital, London

1. Gynaecological - Mini-course/Workshop on Management of Procedural Anxiety and Symptom Control (pelvic pain) in Cancer by using Hypnosis; Organizer: Mrs. Jacky Owens

This will include both the phase related to the presentation and treatment of cancer and the support of the patient and partner. The mini-course will include the theoretical aspect followed by the workshop where skills will be taught after individual evaluation.

Start at 09:30 and ends at 15:30 with Lunch included.

Number of places – 15
Fee: £30.00

2. Vulval Theoretical & Surgical Workshop; Theoretical; Organizer: Prof. Allan MacLean

Start 09:00	Coffee and Registration
09:00-10:00	Introductory Quiz
10:00-10:40	Dermatoses
10:40-11:00	Break for coffee / tea
11:00-11:40	Neoplasia
11:40-12:20	Vulvodynia
12:20-12:45	Discussion

Lunch - Sandwich

13:30-16:00 Surgical Workshop; Organizer: Professor Hope Haefner

Number of places – 20
Fee: £60.00

3. Mini-course - Mentoring & Coaching Techniques to reduce Stress and Anxiety; Organizer: Mr. Stephen Guy

11:30 to 16:00 with Lunch included.

Number of places – 10
Fee: £30.00

4. Mini-course - Training in Psychosomatics Obstetrics and Gynaecology; Organizers: Prof. Johannes Bitzer & Dr. Mira Lal

Theory, teaching videos from Switzerland and the UK and interactive discussions
10:00 to 15:30 with Lunch included

Number of places – 15
Fee: £30.00

For all mini-courses and workshops, teaching will be followed by assessment and certification to practice will be given for all participants.



1st World Congress of Obstetrics, Gynaecology and Andrology (20 - 23 March 2011)



20 March 2011

18:00–20:00

Registration/Opening Ceremony/Welcome Reception

21 March 2011	Stream 1 Obstetrics: Pre-conception, Pregnancy & Postpartum	Stream 2 Gynaecology: Menstrual problems, Infertility, Adolescence, Infection, Cancer	Stream 3 Andrology: Infertility, Cancer, Adolescence	Stream 4 Miscellaneous: Training, Education, Health of Health Professionals, Complementary medicine	Workshops/ Video display
Time					
09:30–10:10	Plenary Lecture (Mira Lal)				
10:10–10:40	Antenatal screening of the foetus – understanding the psychological aspects of patient care Prof. Alan Cameron, UK	Amenorrhoea and PCOS and the psychological aspects of patient care Dr. Georgina Jones, UK	Infertility and reversal of vasectomy Mr. David Ralph, UK	FIGO session on Training & Education in promoting global health Prof. Lesley Reagan, UK Prof. Luis Cabero-Roura, Spain	<u>Mini-course (start 09:40)</u> Novel skills - managing labour pains Ms. Gill McCall
10:40–11:10	Maternal stress in pregnancy – effect on the child and the role of the placenta Prof. Vivette Glover, UK	Free communications -Review of management of HIV in Pregnancy in a tertiary unit -Prevalence of osteoporosis in Indian women: A cross-sectional point prevalence determination study -The practice patterns of Scottish gynaecologists with regards to labial reduction surgery	Impact of unexplained infertility – A meeting of minds? Dr. Gillian Lockwood, UK		
11:10–11:30	REFRESHMENTS, EXHIBITION & POSTERS				
11:30–12:00	Fear of childbirth Dr. Jayne Cockburn, UK	Controversies of Female Cosmetic Genital Surgery Dr. Sarah Creighton, UK	Free Communications - The Influence Of Spouse On The Use And Choice Of Contraception Among Antenatal Women in Lagos University Teaching Hospital (Luth) - Audit of Preferences Of Vasectomy Counselling (Individual and Group) - Domestic Violence – the male perspective	Medicinal plants and human cancer cell lines Prof. Tanawan Kummalue, Thailand	<u>Mini-course (start at 11:30)</u> Effective coaching methods for coping with stress and anxiety Mr. Stephen Guy, UK
12:00–12:30	Post-traumatic stress disorder – does it traumatize both the patient and health professional? Prof. Cristina Maggioni, Italy	Symposium: Paediatric/Adolescent Gynaecology Prof. Anne Garden, Obstetrics & Gynaecology, Dean of Medical School, Lancaster UK	Subfertility - imaging for both partners Dr. Dennis Cochlin & Mr. Nazar Amso	Integrating complementary therapy in Gynaecology Mrs. Jacky Owens , President RSM section of Psychosomatic & Hypnosis, Hypnosis its role as an adjunct to established medical treatment, President of Hypnosis & Psychosomatics, RSM, UK	
12:30–13:00	Free Communications - Work-Related Stress Among Pregnant Women With Depressive Symptoms - Efficacy Of A Brief Cognitive-Behavioural Intervention On Pregnant Women To Prevent Postnatal Depression - Diabetes In Pregnancy – Is Optimal Outcome Possible?	- Managing germ-cell tumours in adolescents – Short and long-term consequences Dr. Sara Stoneham, UK - Disorders of sexual differentiation in childhood and adolescence: Parents experiences and the role of the multi-disciplinary team Dr. Caroline Sanders, UK	Cancer – managing the disease & the impact of treatment - Towards positive health – preventing cancer or facilitating its cure Prof. Jane Plant OBE, UK	Free Communications (start at 12:40) - The Influence Of Classical Massage Therapy On Stress Perception, Mood Disturbances, Body Image, Cortisol And Oxytocin Levels In Breast Cancer Patients - A Retrospective Survey On The Psychosomatic And Pharmacological Outcomes Of Women Using Natal Hypnotherapy CDs During Pregnancy	

13:00–14:05	SPONSORED LUNCH & POSTER SESSION				
14:05–15:05	Plenary Lecture Prof. Hope Haefner, Exploring Illness through the Patient – a sensory journey Introduction by Prof. Allan MacLean				
15:05–15:35	REFRESHMENTS, EXHIBITION & POSTERS				
15:35–17:10	<p>International Symposium: Implications of still births and maternal deaths and limited education on fertility control Prof. Alka Kriplani & Prof. Hiralal Konar, Head, Department of Obstetrics & Gynaecology, India</p> <ul style="list-style-type: none"> - Understanding the magnitude of still births in a tertiary hospital Prof. and Head, Badrunnesa Begum, Bangladesh - Maternal death in rural centres – social implications Prof. and Head, Hiralal Konar, India - The role of spirituality in coping with bad news in samples from Nepal, Dr. Chet Raj Pant, Dean, Medical School, Kathmandu <p>Free communication - An exploratory study of care, compassion and stress in maternity and child health</p>	<p>ISPMD symposium: Premenstrual disorders Prof. Shaughn O'Brien, Head, Department of Obstetrics & Gynaecology, University of Keele</p> <ul style="list-style-type: none"> - Tools for diagnosing Premenstrual disorders, Prof. Meir Steiner, Canada - ISPMD consensus on Premenstrual disorders, Prof. Shaughn O'Brien - Treatment options for Premenstrual disorders: Recommendations from the 2nd ISPMD Consensus Meeting on Evidence-based Management, Prof. Tri Pearlstein, USA 	<p>SANDS symposium: Impact of still birth & neonatal death on mothers as well as fathers Dr. Alexander Heazell, Manchester University, UK</p>	<p>Seminar: Integrative Care in the 21st Century Dr Clare Willocks, Consultant Obstetrician and Gynaecologist</p> <ul style="list-style-type: none"> - Human Healing and Integrative Care Dr. David Reilly - Spirituality in Healthcare and Burnout Rev. Prof. Stephen Wright, Sacred Space Foundation - Non-violent communication as ways of managing conflict Daren de Wit and Anna Finlayson, NVC Resolutions, UK 	<p>Workshop (start at 15:35) Alternative to violence – a behavioural approach Mrs. Elizabeth Allen, UK</p>
17:10–17:30	Briefing (Summary & feedback)				
17:30–18:15	<p>Sir Dorabji Tata Trust - Satellite Symposium on Teenage Reproductive Health and Adult Disease</p> <p>-Prof. & Head Surinder Jaswal, Dean, TISS, India -Dr. S Maitra, TISS</p>	<p>Free communications</p> <ul style="list-style-type: none"> - The role that 17 beta oestradiol has on procedural memory in the onset of postpartum depression and psychosis' - A case of intrauterine twins with a concomitant cervical pregnancy: Our experience - Determination of fetal gender using free fetal DNA from maternal plasma - Paternal depression following childbirth: A report from Hong Kong - Can antenatal yoga lower maternal anxiety? (Calma Study): Initial findings - From womb to world, the journey that shapes our life 	<p>Free communications</p> <ul style="list-style-type: none"> - Complex nature of chronic pelvic pain - Role of Levonorgestrel – Intrauterine system in medical management of adenomyosis - Long-acting reversible contraception awareness in community clinics - Reflection as a technique for supporting the introduction of relationship-based care into a community health service - Management of urinary incontinence in women - Psychosexual and psychosocial issues of women living with faecal incontinence 	Teaching Video	

22 March 2011	Stream 1 Obstetrics: Maternal, Fetal & Child health, Alcohol & substance misuse, Trauma	Stream 2 Gynaecology: Cancer, Pain, Infection, Incontinence, Prolapse	Stream 3 Andrology: Menopause, Pain, Substance misuse, Sexual health	Stream 4 Miscellaneous: Training, Education, Health of Health Professionals, Complementary medicine	Workshops/ Video display
Time					
08:00–08:45	BREAKFAST SYMPOSIUM on Impact of Eclampsia and Maternal Deaths Prof. & Head, Tarun Ghosh, Ajit R Bhattacharyya, Subhendu Dasgupta & Gita Ganguly Mukherjee				
08:50–09:25	Plenary Lecture: Experience in perinatal mental health – the hurdles, the successes and the failures (yet to be successes!), Dr. Margaret Oates				
09:25–10:00	Seminar: Delivery mode Improving maternal outcomes using best evidence Prof. Jane Sandall, Social Sciences and Women's Health, UK - Would babies choose labour or prelabour elective caesarean section? Dr. Susan Bewley & Dr. Anjita Sinha	Symposium: Pelvic Pain and its management - Chronic pelvic pain - causes and clinical implications, Dr. Cornelia Wiesender, UK - Setting up a pain clinic, Ms. Jayne Cockburn, UK - Managing pain using hypnosis, Mrs. Jacky Owens, UK	Seminar: Men and postnatal depression - an Introduction Ms. Adrienne Burgess, The Fatherhood Institute, UK - Postnatal depression – not just mums, Dr Sara Rosenquist, USA	RCOG session Prof. Tony Falconer, President RCOG - Health in conflict and disaster zones Mr. Charles Cox, UK	Mini-course (start at 09:00) Alternative to violence – a behavioural approach Mrs. Elizabeth Allen, UK
10:00–10:30	- The practice of normal deliver and couvade – an age old phenomenon Dr. Francoise Barbira-Freedman, UK - Normal birth as a measure of maternity care Ms. Miranda Dodwell, UK	Brain imaging and pain during different phases of the menstrual cycle Dr. Katy Vincent, UK	Infertility – what should the husband do? Dr. Kaberi Bannerjee, India	WHO Initiatives & Developmental Goals	
10:30–11:00		Free communication (start at 10:50) - Evaluation Of Personality Of Patients With Dysmenorrhoea With The Help Of The Million's Clinical Multiaxial Inventory III	The male as a sperm provider & sperm banks – Is the traditional role of the male shifting? Prof. James Drife	Free communications - Hormone Replacement Therapy. Is Our Approach Changing? - Five element acupuncture and archetypes: Chinese medicine as an integral model of clinical healthcare practice - The Role Of The Physiotherapist In The Management Of Vulvodinia	Workshop (start at 10:05) A Holistic Approach to Pre-term labour Prof. Cristina Maggioni, Italy
11:00–11:25	REFRESHMENTS, EXHIBITION & POSTERS				
11:25–11:55	Anxiety and pregnancy Prof. Klaas Wijma, Immediate Past-President ISPOG, Sweden	Seminar: Incontinence, fistula and pelvic floor problems	Medicolegal issues in Obstetrics, Gynaecology and Andrology Hiscox	Training in Ante-/intrapartum monitoring Mr. Edwin Chandharan, UK	Workshop (start at 11:25) A Holistic Approach to Pre-term labour Prof. Cristina Maggioni, Italy
11:55–12:15	Seminar: Impact of violence on pregnancy and childbirth - Female genital mutilation & ante-/intrapartum care Mrs. Vilma Keita, UK - Childbearing and its relevance to survivors of abuse Mrs. Kathryn Gutteridge, UK - Physical and mental issues in pregnant women facing domestic disturbance Ms. Julia Dodd, UK	- Shunted from life – The health and social consequences in patients with urogenital fistulae, Prof. Pushpa Srichand, Pakistan - Assessing the severity of disease manifestations – gynaecological co-morbidity Free communications (start at 12:10) - The Effect Of Pelvic Floor Muscles Exercise On Stress Urinary Incontinence In the Postpartum period	FIGO session on Training & Education in promoting global health Prof. Gamal L. Serour, Egypt Prof. Sir Sabaratnam Arulkumaran, UK	Seminar: Substance misuse & HIV/AIDS - Addressing adverse outcomes in women with alcohol and substance misuse disorders Dr. Mary Hepburn, UK - Evaluation of cervical lesions and genital infections by Pap's smear in HIV infected women (case-control study) Prof. & Dean Deepti Dongaonkar, India	Workshop (start at 11:55) Novel transferrable skills to effectively manage labour pains Ms. Gill McCall, UK
12:15–12:55	Free communication - Mode Of Delivery In Pregnant Women With HIV	Contraceptives – benefits (start at 12:20) Non-contraceptive uses of levonorgestrel IUD – An Indian experience Prof. & Head Alka Kriplani, India		Free Communications (start at 12:45) - Prevention Of Mother To Child Transmission Of HIV	
12:55–14:10	LUNCH – ENRICHMENT LECTURE Baroness Ilora Finlay of Llandaff (start at 13:20), introduction by Dr. David Misselbrook, Dean RSM				

14:10–15:10	<p>ISPOG Symposium: Dr K. Marieke Paarlberg, President ISPOG & Psychosomatic Obstetrician & Gynaecologist, Netherlands</p> <ul style="list-style-type: none"> - Patient influence in Obs/Gyn: Does it improve the quality of care, Dr. K Marieke Paarlberg - Postpartum depression and attachment disorders, Prof. Beate Wimmer-Puchinger, Hon. Treasurer, ISPOG, Austria - Contemporary Parental Roles, Dr. Rosario León Ruiz, Spain - Psychosomatics Views in Assisted Fertility, Dr. Carlos Damonte Khoury, Spain 	<p>Seminar: Breast and Ovarian Cancer, screening and the impact of information giving and treatment</p> <ul style="list-style-type: none"> - Cancer, Candida, and surviving harsh reality of NHS Cancer treatment Mrs. Diane Peterson - Ovarian and breast cancer screening, what women believe and what they need to know Prof. Leslie Fallowfield, Director: CRUK Sussex Psychosocial Oncology Group, UK 	<p>IPM Symposium: Sexual health Dr. Claudine Domoney, Consultant in Obstetrics & Gynaecology, London</p>	<p>International Symposium: Alcohol & substance misuse – vulnerable minorities-HIV/AIDS Prof. Olga van den Akker, Head, Health Psychology, London/Dr. Shobha Kapoor, Psychiatric SW, India</p> <ul style="list-style-type: none"> - A study of women drug users and sex workers in India Dr. Shobha Kapoor - A review of the contributing effects of alcohol on fertility, Prof. Olga van den Akker <p>Free communication: Does ultrasound influence treatment provided in termination cases?</p>	<p>Workshop (start at 14:10) The NCT's role in helping mums and dads optimize the childbirth experience, Ms. Mary Newburn, UK</p>
15:10–15:40 REFRESHMENTS, EXHIBITION & POSTERS					
15:40–17:05	<p>Marcé Symposium: Perinatal mental health, Dr. Ian Jones and Prof. Vivette Glover, Perinatal Psychobiology, University of London</p>	<p>ISSVD Symposium: Vulval infections, cancer and Vulvodynia Prof. Allan B MacLean, Head, Department of Obstetrics & Gynaecology, University of London</p> <ul style="list-style-type: none"> - Vulval infections including, lesions due to HSV & HPV, Dr. Pat Munday, UK - Prevention, presentations and management of vulval cancer Prof. and Head, Hope Haefner, USA - Vulvodynia, Prof. Wendy Reid – Senior Vice-President Education, RCOG 	<p>International Symposium: Psychosociocultural aspects of managing disease Prof. Jenny Hewison</p> <ul style="list-style-type: none"> - Premenstrual syndrome & autonomic nervous system activity: cause and effect? Prof. Tamaki Matsumoto, Japan - Periods over time – a transcultural perception Prof. Sylvain Mimoun – President, French Society of Psychosomatics Obstetrics and Gynaecology 	<p>Seminar: Impact of Global health issues in Obstetrics, Gynaecology & Andrology – vulnerable minorities – HIV/AIDS</p> <ul style="list-style-type: none"> - Impact of HIV/AIDS, surgical procedures and HRT on the transgender population is grossly under-researched, Ms. Laxmi Tripathi, UN Representative <p>Free communications</p> <ul style="list-style-type: none"> - The Hijra community in India – Extent and magnitude of their health & social problems: focus on gender issues and expressed needs - Veiled power of culture: autonomy and choice among women in the Arab world 	<p>ISPOG ExCo meeting (start at 15:15)</p>
17:05–17:15	Briefing (Summary & feedback)				
17:15–18:15	<p>Satellite Symposium: Conception after Cancer – Current Issues</p> <ul style="list-style-type: none"> - Prof. Ri-Cheng Chian, Canada - Prof. Prof. Stuart Campbell, UK - Prof. Svend Lindenberg, Denmar 		<p>Free communications</p> <ul style="list-style-type: none"> - Gene expression profiles in hormone positive breast carcinomas and tumours surrounding normal breast tissue - Novel possibility for cervical cancer screening based on synchronous detection of P16INK4A and HPV E6/E7 mRNA expression in cervical smears - Psychological stress causes relative infertility through direct change in the frequency pattern of GNRH release from the Hypothalamus - Local cardiac KCL with systemic methotrexate versus methotrexate alone in the management of live ectopic pregnancy - Talking about sex with teens by teens - Fertility preservation in young people with cancer 		<p>ISPOG ExCo meeting</p>

23 March 2011	Streams 1, 2, & 3 Obstetrics, Gynaecology & Andrology, seminars	Stream 4 Miscellaneous , training, education, symposium, mini-course/workshop
Time		
08:00 – 08:40	BREAKFAST SYMPOSIUM on Dynamics of Subfertility & Fertility Control and POSTER SESSION Prof. & Head Sudarsan Neogi and Dr. S Ghosh Dastidar	
08:45 – 09:20	Plenary Lecture: Education and Training in Psychosomatic Obstetrics and Gynaecology – The European Experience Prof. Johannes Bitzer, Switzerland	
09:20 –10:00	Bridging the Gap between the traditional and psychosomatic and obstetrics Prof. James J Walker, Senior Vice President, RCOG	Symposium: Psychosomatic Obstetrics & Gynaecology – Swiss contribution Prof. Johannes Bitzer, Head, Psychosomatic Obstetrics & Gynaecology, Switzerland
10:00 –10:30	Headache and hypertension during pregnancy Prof. Chiara Benedetto, Head Obstetrics & Gynaecology, Italy	- Cancer and beyond: Fertility issues and fertility preservation Sibil Tschudin, Switzerland - How to talk to oncologists about sexual medicine and to sexologists about oncology, Johannes Bitzer Free communication Obesity in pregnancy – is poor outcome compounded by difficulty in consultation?
10:30 –11:00	Working with the male partner before and after birth Ms. Adrienne Burgess, Mrs. Jenny Barrett, The Fatherhood Institute, UK Free communication – (starts at 10:50) High C-Section rates after induction of labour and increased co-morbidities in the obese population: Are women being appropriately counselled for this?	Mentoring undergraduates/postgraduates in difficulty Prof. & Head of Postgraduate Studies, John Skelton, UK
11:00 –11:25	REFRESHMENTS, EXHIBITION & POSTERS	
11:25 –11:55	Nutrition & pregnancy (adolescence to adult years) Prof. Lucilla Poston	Medical reporting of home births Ms. Miranda Dodwell, NCT, UK
11:55 –12:50	Seminar: Obesity and Childbearing - Obesity & pregnancy – a challenge of the 21st century, Ms. Nina Khazaezadah & Mr. Eugene Oteng-Ntim, Secretary/Past President RSM Maternity Newborn Forum - Helping women to lose weight after childbirth, do we know what matters? Mr. Joe Kabukoba, UK	Mini-course/Workshop, Forensic Gynaecology (start at 11:45) Dr. Mary Pillai
12:50 –13:30	Ageing and the inexorable medicalisation of reproduction Dr. Susan Bewley and Dr. Melanie Davis, UK	
13:30 –14:45	LUNCH – ENRICHMENT LECTURE Dr. Thomas Moore, Soul and Spirit in Medicine Introduction by Dr. Clare Willocks, Consultant Obstetrician & Gynaecologist	
14:45 –15:45	International Seminar: Facilitating learning at trainee & consultant level – current state & future planning (Training and impact of EWDT)	Free Communications - The Heart In The Womb: An Exploration Of The Roots Of Human Love And Social Cohesion - Trends in placental pathology in HIV/AIDS - Ovarian cancer morbidity in Tula region (Russia) over 10 years - Menstrual cycle resembles parametric oscillation: mathematical model on hypothalamic behaviour in response to stress - The opinion of service providers about legal abortion in Iran - Endothelial dysfunction markers and uterine artery Doppler velocimetry in prediction of pre-eclampsia
15:45–16:15	CLOSING CEREMONY	

Posters

As part of the Scientific Programme, a number of posters will be presented at the Congress – these will include, amongst others:

Obstetrics

- Close Encounters of a Mortal Kind: Early Warning Scores in Obstetrics
- Improving Maternal Health
- Hormonal Mechanism on Fear of Childbirth
- Universal Antenatal HIV Testing and Impact on Diagnosis, Treatment and Mother to Child Transmission Rates
- Pre-Pregnancy Body Mass Index (BMI) and Gestational Weight Gain: Relations with Preterm Delivery
- The Effect of Sitting Position During Labour on 3rd Stage Duration and Postpartum Haemorrhage
- Prepare Team – A Pregnancy and Parenting Support Service for Women with Substance Misuse Issues

Andrology

- Smoking Has Relation with Sperm-Maturation via the Change of mRNA Copy Numbers for Spermiogenesis Specific Genes (Protamins)
- Male Infertility and the Effects of Genetic Feature of Sperm's Morphology on It
- Effects of the Polypeptide EMAP II on the Growth, Histological and Histochemical Features of Human Prostate Cancer Xenografts in Mouse a Model

Gynaecology

- Endometriosis in Subfertile Women – Management Options and Uptake of Counselling Services
- One-Stop Post-Menopausal Bleeding Clinic (PMBC) – Timeline from Referral to Management of Endometrial Cancer
- Vulvar Carcinoma in HIV Infected Women: A Report of Two Cases
- Substance Abuse and Recurrent Pregnancies
- Confidentiality, Underage Sex and the Health Professional
- Disorder of Sexual Development – Impact of Diagnosing Swyer Syndrome in a Young Female
- Treatment of PMS
- Study Regarding the Incidence of Infection with Candida Albicans in Diabetic Women
- Premature Ovarian Failure: Why Do Some Women Decline Treatment?
- Refractory Secondary Vaginismus Post Tension-Free Vaginal Tape (TVT)
- Ethical Issues Involved in Management of Unplanned Pregnancy and Failed Medical Termination
- Role of Mifepristone (RU 486) in Management of Uterine Leiomyoma

Education and Care

- Why Emotional Intelligence Matters for Patient Care
- Why do Medical Students Fail to Reach Registration?
- Anchoring Caring and Compassionate Skills in an Undergraduate Nursing Curriculum

Educational Objectives

The Congress aims to improve the understanding of the impact of mind-body interactions in initiating, exacerbating and maintaining disease symptoms. This will enable delegates to learn when best to apply a psychosomatic approach in order to save lives and reduce morbidity.

The scientific discussions and teaching methods, including role-play and multi-media, will help educate delegates, both at trainee and consultant level, to:

- **Recognise** – That psychosomatic methods can be used in day-to-day care and applying these skills in assessment usually does not take longer than commonly practised care
- **Differentiate** – Whether to give priority to the psychosomatic approach from the outset or to apply other surgical/medical interventions initially to optimise outcomes
- **Communicate** – Using methods individualised for the patient and tailored to the clinician which would minimise the frequency and impact of unsatisfactory consultations and legal challenges
- **Learn** – That there is a pressing need to apply these methods because of changing consumer expectations and perceptions
- **Engage** – In increasing psychosomatic training both at core and sub-speciality levels would improve the management of most disease conditions with added long-term economic benefits

The congress logo and the scientific content

The Congress logo shows Britain as part of the world supported by the serpent-entwined rod of the Greek god of medicine, Asclepius, to whom ancient doctors such as, Hippocrates, prayed. This symbol continues to represent the science and art of medicine in modern times.



The logo incorporates the Greek letters 'alpha', representing Andrology, 'gamma', representing Gynaecology, with the snake wrapped as a 'psi' representing the 'psyche' and the 'sigma' encircling Britain 'the soma'. The letter O represents the Latin 'obstetricus'. In keeping with the logo, the three streams of the scientific programme represent Obstetrics, Gynaecology and Andrology whilst the fourth stream represents education in professional health and training along with complementary medicine.

Registration

Abstracts CANNOT be published or included in the programme unless the appropriate registration fee has been received. Registrations which are unpaid at the time of programme compilation of 18 February 2011 will be withdrawn. A discounted registration fee is available on or before the 1 March 2011.

Audiovisual

PowerPoint presentation facilities will be provided for speakers. No facilities for slides or overhead transparencies will be available at the Congress.

Registration

Online

To register online for WCOGA 2011, please visit the congress website www.wcoga2011.com. This is a secure server website.

Registration

Registration is available from 6 August 2010. Register before 1 March 2011 and take advantage of the Discounted Registration Fee. The prices have been set as follows:

Special Discount Registration		Standard Registration		Accompanying Persons Registration £89
For all registrations received on/prior to 1 March 2011.		For all registrations received after 1 March 2011.		
Medical	£409	Medical	£479	The Accompanying Person registration fee includes: <ul style="list-style-type: none">■ Access to the exhibition■ Invitation to the Welcome Reception■ London sightseeing tour■ Invitation to the Closing Ceremony■ VAT @ the prevailing rate
Midwife/Allied Health Professional (AHP)	£329	Midwife/Allied Health Professional (AHP)	£389	
BSPOGA/ISPOG Medical	£369	BSPOGA/ISPOG Medical	£439	
BSPOGA/ISPOG Midwife/AHP	£299	BSPOGA/ISPOG Midwife/AHP	£349	
Trainee	£279	Trainee	£339	
Student/Developing country	£249	Student/Developing country	£299	
Retired/Non-practicing Professional	£249	Retired/Non-practicing Professional	£299	
2-day registration – Medical	£319	2-day – Medical	£399	
2-day registration – Non-medical	£255	2-day – Non-medical	£319	
1-day registration – Medical	£160			
1-day registration – Non-medical	£110			

Payment

Payment must be made in advance to the Congress Secretariat by one of the following methods:

MasterCard/Visa/Amex. Please note that all fees paid by credit card will be charged in pounds sterling at the actual exchange rate at the time of the transaction. No other credit cards can be accepted.

Cheque or banker's draft, in pounds sterling only, drawn on a UK bank made payable to Congrex UK/WCOGA2011. Please follow carefully the instructions for payment of all fees involved and return the registration form and the correct payment to:

WCOGA 2011
Congrex UK Ltd
26-28 Hammersmith Grove
London W6 7BA
UK

Tel: +44 (0) 208 834 1014
Fax: +44 (0) 208 834 1151

Confirmation and Further Instructions

Confirmation of registration will be sent by email to delegates whose payment has been received. In addition, further instructions will be sent out in February 2011, by email, to assist you with your visit to London. Therefore please ensure you submit your email address when registering.

Cancellation

Notification of cancellations must be sent, in writing, to the Congress Secretariat: registration@wcoga2011.com.

Cancellations on or before 1 February 2011 will receive a full refund less a 20% administration fee. No refunds can be made for cancellations received after 1 February 2011. Substitutions of attendees can be made at any time.

Insurance

The registration fees do not include the insurance of participants against personal accidents, sickness, and cancellations by any party, theft, loss or damage to personal possessions. Participants are advised to take out adequate personal insurance to cover travel, accommodation, cancellation and personal effects.

Social Events

The Opening Ceremony/Welcome Reception and the Closing Ceremony are included in the full delegate registration fee. However, please ensure that you confirm your attendance for these events on the registration form, in order to guarantee your place.

Both delegates and accompanying persons may purchase tickets for the Congress Dinner/Dance and optional tours. The accompanying persons also have a London sightseeing tour included in the registration fee. Please note that participation at any of these events will be on a 'first-come, first-served' basis. Therefore please book early to avoid disappointment.

Social Programme

Opening Ceremony/Welcome Reception

Sunday 20 March, 18:00–20:00

Queen Elizabeth II Conference Centre



The Welcome Reception is included in the delegate and the accompanying person's fee. Please indicate your attendance on the registration form.

The registered participants are invited to the Opening Ceremony that will take place in the Fleming Room of the QEII Conference Centre and then the Reception will take place in the Benjamin Britton Lounge; which is a great opportunity to meet with old friends and colleagues from around the world.

Congress Dinner/Dance

Tuesday 22 March, 19:30–23:00

Royal College of Surgeons

Price: £65

Tickets are available as an optional extra cost to all attendees, including exhibitors and accompanying persons.

The Congress Dinner/Dance will be held at the prestigious Royal College of Surgeons. As one of the worlds' leading surgical institutions, the College has been based in the beautiful leafy surroundings of Lincoln's Inn Fields since 1797. Today the elegant and historical building boasts an oak panelled dining hall where you will be watched over by magnificent oil canvases.

The format of the evening will be a drinks reception in the impressive Hunterian Museum located in the Royal College of Surgeons. An anatomy museum filled with weird and wonderful specimens from John Hunters' collection. This is not to be missed. Following the reception there will then be a 3 course sit down dinner and dance.

Closing Ceremony

Wednesday 23 March, 15:00–15:30

Fleming Room, Queen Elizabeth II Conference Centre

The Closing Ceremony is included in the delegate registration fee. Please indicate your attendance on the registration form.

Accompanying Persons Tours

London Sightseeing Tour

Monday 21 March 2011, 09:30–12:00

(Included in the AP fee)



The tour will take you by coach to all the major panoramic areas of London such as the City, including St Paul's Cathedral and the Tower of London, The Houses of Parliament with Big Ben, Westminster Abbey, Buckingham Palace, Piccadilly Circus and Trafalgar Square.

This tour includes coach transport to and from the Queen Elizabeth II Conference Centre and an English speaking guide.



London Ghost Walk

Monday 21 March 2011, 18:30–20:30

Price: £18.00 (incl. VAT)

A Ghost walk makes for a truly memorable and entertaining evening out. It is a fun and informative way to enjoy a night out in London and combines fascinating history with entertainment and one or two surprises and shocks that will keep your group on edge all night long! By focusing on a particular area of London you can really explore some truly fascinating places. You would make your own way to the starting point at St Paul's Cathedral and will then finish in the area of Smithfield. The walk goes at a gentle pace and your guide is able and willing to answer any questions you might have.

This tour includes a guide whose knowledge of and enthusiasm for the subject will be truly inspiring.

Hampton Court Palace

Tuesday 22 March 2011, 09:15–13:30

Price: £60.00 (incl. VAT)



Home to the Kings and Queens of Britain since the time of Henry VIII, Hampton Court Palace is one of the most famous visitor attractions in the country. It is outstandingly rich, beautiful and steeped in history. Highlights not to miss on this visit are the Chapel Royal; a beautiful chapel in continuous use for over 450 years, the Great Hall and the magnificent State Apartments of Henry VIII and William III. Then we recommend that you explore the 60 acres of immaculate riverside gardens and the Privy Garden, restored to its former glory. Lastly for a challenge and a bit of fun, why not lose yourself in the world famous maze. Lunch and refreshments can be purchased in one of the restaurants or cafés.

This tour includes coach transport to and from the Queen Elizabeth II Conference Centre, an English speaking guide and access to the Palace, Maze and Gardens.

London Eye and Westminster Abbey

Wednesday 23 March 2011, 10:00–13:00

Price: £50.00 (incl. VAT)



A flight on the London Eye is a breathtaking experience as you can see up to 40 kilometers in all directions of London's skyline. As a result of this, it has become one of the most spectacular and popular attractions in the World, drawing visitors from far and wide.

The tour will then continue by foot onto Westminster Abbey for a guided tour through the traditional place of coronation and burial site of English monarchs.

This tour includes an English speaking guide, a flight on the London Eye and a tour of Westminster Abbey.

Further information about pre- and post-tours will be provided on the congress website at a later date.

Hotel Accommodation

Hotel rooms have been reserved at preferential rates for Congress Participants. You may choose according to your budget.

Online Bookings

Participants can book their hotel room via the Congress website www.wcoga2011.com. Pre-payment by credit card (MasterCard/ Visa/Amex) is mandatory if you register on-line. Each participant will receive a confirmation. After 20 January 2011 hotel accommodation will be subject to availability.

Payment Policy

To guarantee your reservation, full payment is required in advance. Hotel requests without payment cannot be accepted. All requests will be handled on a "first come-first served basis".

Cancellation/Refund Policy

Changes or cancellations have to be made in writing to the Congress Secretariat. Please note if you arrive later or leave earlier than the originally booked dates, the hotel may charge a no-show cost.

For further information, as well as for hotel group reservation, please contact the registration team on:

WCOGA 2011
Congrex UK Ltd
26-28 Hammersmith Grove
London W6 7BA
UK

Tel: +44 (0) 208 834 1014
Fax: +44 (0) 208 834 1151

Email: registration@wcoga2011.com

All rates are indicated in British Pounds and include service, breakfast, taxes and VAT.

Please note prices below include VAT at the rate of 17.5%, however the VAT rate will change to the prevailing rate from January 2011. Book early to benefit from the current VAT rate.

Please note that availability in your preferred hotel cannot be guaranteed and rooms will be confirmed on space availability.

Park Plaza Westminster ★★★	Holiday Inn Express London Victoria ★★★
Standard room Single occupancy: £149 Double occupancy: £159	Standard room Single occupancy: £142 Double occupancy: £142
<p>The newly opened Park Plaza Westminster Bridge London is situated in London's South Bank, within walking distance of the city's most iconic attractions, including Big Ben and the Houses of Parliament, the London Eye and the London Aquarium. The contemporary, design-led hotel in London features spacious guest rooms, five distinctive dining and entertainment experiences. Waterloo and Westminster stations are a five-minute walk away and the QEII Conference Centre is also a 10 minute walk away.</p>	<p>The hotel is ideally located for any one travelling to London via Gatwick Airport or Heathrow Airport with Victoria Rail Station just 7-10 minutes away by foot. The 52 room hotel offers well appointed ensuite rooms with shower; satellite, TV, direct dial telephone, breakfast room and high speed internet access also available at a charge. The hotel is 20 minutes walk from the QEII Conference Centre and 10 minutes by tube.</p>
The Days Hotel Waterloo ★★★	Surtees Hotel B&B
Standard room Single occupancy: £99 Double occupancy: £99	Standard room Single occupancy: £55
<p>This modern hotel is located opposite the Imperial War museum just 10 minutes walk from Waterloo International Station and the London Eye. All rooms are equipped with high-speed internet access, direct dial telephone, television and tea & coffee making facilities. Please note breakfast is not included in the above rate but can be purchased for the following amount £6.95 for a continental breakfast and £8.95 for an English breakfast. The hotel is 20 minutes walk from the QEII Conference Centre and 10 minutes by tube.</p>	<p>Surtees Hotel is an inexpensive family Bed and Breakfast that can offer you affordable hotel accommodation in Victoria together with clean and cosy rooms. All rooms are equipped with telephones allowing incoming and outgoing calls, colour TV's with satellite TV connection, free Wi-Fi connection, tea and coffee making facilities with complementary tea and coffee supplied for the whole of your stay. The hotel is conveniently situated close to Victoria Station, which is only 5 minutes walk away and 20 minutes walk from the QEII Conference Centre.</p>
<p>Accommodation is available at the RSM for those who are members, please contact the RSM directly if you are interested in booking a room. Web: www.rsm.ac.uk Tel: +44 (0) 207 290 2960</p>	
<p>Accommodation is available at the RCOG for those who are members, please contact the RCOG directly if you are interested in booking a room. Web: www.rcog.org.uk Tel: +44 (0) 207 772 6266</p>	

For further information on accommodation in London, please visit www.visitlondon.co.uk.

General Information

Climate and Clothing

The Congress falls during the spring equinox when the daylight hours start to get longer and the weather should be mild during the day with cooler, refreshing evenings. We do boast a capricious climate and our weather forecasters will clarify nearer the time.

Passport and Visas

A valid passport is required for entry into the United Kingdom (UK). Citizens of Canada, the USA, South Africa, Australia, New Zealand, and certain Commonwealth countries, do not require a visa to holiday in the UK. However, you will need to fill in forms to apply for entry clearance on arrival, and may not stay for longer than six months. Citizens of these countries must apply for a visa to work in the UK.

Citizens of the European Economic Area and Swiss nationals do not require visas to enter, live and work in the UK. The European Economic Area covers the countries of the EU, plus Iceland, Liechtenstein and Norway.

Visa regulations are frequently revised. Please visit www.fco.gov.uk and www.ukvisas.gov.uk or check with your local British Embassy or other diplomatic representative before you travel.

Letters of Invitation

Participants requiring a letter of invitation in order to attend the Congress may write to the Congress Secretariat specifying the necessary details. Please note that this procedure aims to assist participants who need to obtain visa or permission to attend the Congress. It is not an official invitation covering fees and other expenses, nor does imply any financial support for your attendance to the Congress.

Travel

London is one of the world's best-connected cities. With five international airports serving 273 destinations, high-speed rail links to continental Europe and an extensive public transport network, London is capable of dealing efficiently with large numbers of travellers no matter how they choose to get here.

London's main Airports

Heathrow

London Heathrow Airport (LHR) is one of the world's busiest airports, handling more international passengers than any other. The airport is located 32 km (20 miles) west of London and has excellent public transport connections. Express trains connect passengers to central London in 15 minutes.

Gatwick

London Gatwick (LGW) is the second largest airport in the UK after Heathrow. Gatwick is located 45km (28 miles) south of London. Rail connections into central London take around 30 minutes.

Getting to London by International Rail

Eurostar operates frequent daily high-speed services connecting Paris and Brussels to London. Journey times range from 2 hours 15 minutes from Paris or 1 hour and 51 minutes from Brussels. Trains arrive at St Pancras International station in central London.

Getting to London by National Rail

London is the hub of the UK's rail network, with frequent services to all regions from the city's centrally-located mainline railway stations. Rail services in the UK are run by a number of private train operating companies.



Royal College of
Obstetricians and
Gynaecologists

Setting standards to improve women's health



Psychosomatic and Biological Perspectives
on Clinical Controversies



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