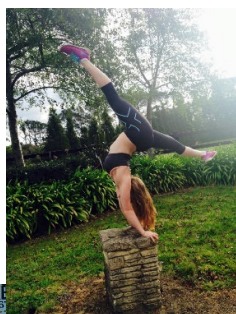
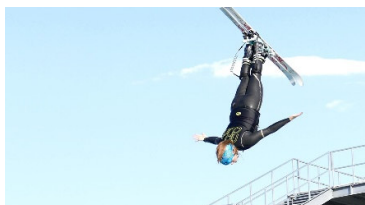


Abbey Willcox;

Australian Freestyle Aerial Skiing



Abbey Willcox

1 Debenham Road North
Somersby NSW 2250

H: 0243721527

M: 0423966985

Email: abbey.willcox@gmail.com

DOB: 27/11/1996

OBJECTIVE & BACKGROUND:

To continue training in the Australian Freestyle Aerial Skiing development team and work towards competing as a part of the Australian Olympic team in future World cup and Olympic events.

I came from an elite gymnastics background of 13 years with dual National titles won representing New South Wales, as well as skiing background, and made the transition into aerial skiing during July 2015. Since commencing, I have progressed beyond the group I started with to be given a full Victorian Institute of Sport Scholarship and put in a fast tracked Aerial skiing program – also to spend a big part of my training with the current Australian Olympic team all around the world.

I fall more and more in love with aerial skiing every single day, which only motivates me to train like no other – above and beyond the expectations. I'm a passionate, hardworking, intelligent, fun and driven athlete who wants to be the best athlete and person I could be! I am a strong supporter of women in sport and love getting involved in and promoting events of any kind. I never back down from challenges or new territory!

SPORTING ACHIEVEMENTS:

- 2010 NSW State Artistic Gymnastics Championships - 1st on Beam, 1st on Floor and 1st All-Around (State Champion Overall)
- 2010 Australian Artistic National Gymnastics Championships – 1st on Beam, 1st on Floor and 3rd All-Around (National Champion on Beam and Floor)
- 2011 Australian Artistic National Gymnastics Championships – 1st on Beam, 1st on Floor and 1st All-Around (National Champion on Beam, Floor and All-Around)
- 2012 National Champion in Acrobatic Gymnastics
- 2015 Selected for Scholarship into The VIS Winter Olympic Aerial Skiing Program
- 2016 Awarded a full scholarship with the VIS fast tracked Aerial Skiing program
- Currently training with the World Cup and Olympic Aerial Skiing team

EDUCATION & QUALIFICATIONS:

- Currently a student at Swinburne University – Bachelor of Communication and Public Relations
- Graduated from Henry Kendall High School 2014
 - Gymnastics Australia Women's Artistic Gymnastics Level 1 Coaching accreditation
 - Gymnastics Australia Women's Artistic Beginner Judges accreditation
 - NSW Rural Fire Service "Basic Fire Fighter's" accreditation
 - First Aid accreditation

AWARDS & ROLES:

- Henry Kendall High School Vice-Captain 2014
- Henry Kendall High School House Captain 2013
- Henry Kendal High School Sports Women of the Year 2014
- Recipient of the Pierre De Coubertin Award for 'Olympic Hopeful' by the Australian Olympic Committee 2014
- School Athletics Age Champion years 7-12
- Henry Kendall High School Representative in Athletics, Swimming, Cross Country, Volleyball, Trampolining and Gymnastics at both regional and state event from years 7 – 12
- Multiple awards for Academic Excellence from years 7-12

EMPLOYMENT HISTORY:

2012 – 2013 Casual Elite High Performance Program Coach, under Belinda Vine at Central Coast Elite Gymnastics Academy
 2014 – Current Casual Elite High Performance Program Coach, under Leslie Gilby at Gosford Gymnastics
 2015 – Current Casual Waitress at Shop 3 Coffee in Gosford

FUTURE GOALS:

- Get my Aerial Skiing skills ready for World Cup competition standard over the two years
- Continue Representing Australia
- Compete in the European Cup over the Winter seasons of 2016/17 and 2017/18
- Start competing in the FIS World Cup circuit in 2018
- Compete in the 2022 Winter Olympic Games
- Become the world's best and most successful Aerial Skier
- Be a proud ambassador for my country
- Be successful in both sport and education

HOBBIES & INTERESTS:

- Skiing
- Walking/Hiking/Camping
- Exploring the outdoors
- All kinds of sport – indoors and out
- Adrenaline activities
- Being with friends and meeting new people
- Travelling
- Photography
- Learning
- Sharing my ideals with others
- Passionate about working to achieve my dreams and goals
- TV shows and movies
- Reading

REFERENCES:

Bree Munro
 Victorian Institute of Sport
 33 Aughtie Drive
 ALBERT PARK VIC 3206

0425 749 476

Belinda Vine
Sydney West Gymsports
Hamilton Road
FAIRFEILD NSW 2251
0403 041 068

Leslie Gilby
Gosford Gymnastics
31 Gooriwa Road,
HOLGATE NSW 2250
02 4365 5545